



## FAQ ON RECREATION IN STAGE 2 REOPENING

UPDATED JUNE 4, 2020

### 1. What am I allowed to do?

It's okay to go outside to go for a walk, to exercise, and participate in healthy activities as long as you **maintain a safe physical distance of six feet and gather only with members of your household.**

The key is they are individual or household activities only, that there is no shared equipment and that social distancing can be maintained. Below is a list of some outdoor recreational activities.

- Badminton (singles)
- Throwing a baseball/softball (with household members)
- BMX biking
- Canoeing (singles)
- Cycling
- Gardening (not in groups)
- Golfing (doubles, only if cart has protective partition)
- Hiking (trails/paths allowing distancing)
- Horse riding (singles)
- Jogging and running
- Kite boarding and kitesurfing
- Meditation (household members only)
- Miniature golfing, outdoor (household members only, following the applicable restrictions in the [Limited Services guidance](#) from the state)
- Outdoor photography
- Picnics (with your household members only)

- Quad biking
- Rock climbing
- Roller skating and rollerblading
- Rowing (singles)
- Scootering (not in groups)
- Skateboarding (not in groups)
- Soft martial arts – tai chi, chi kung (not in groups)
- Surfing
- Tennis, pickleball and table tennis (singles)
- Throwing a football, kicking a soccer ball (not in groups)
- Trail running
- Trampolining
- Tree climbing
- Volleyball (singles)
- Walk the dog
- Wash the car
- Watch the sunrise or sunset
- Yoga (not in groups, household members only)

[listed updated 6/4/2020]

**2. What does it mean that “tennis (singles)” or “pickleball (singles)” is allowed? How do I do it right?**

Here is general guidance for the use of tennis and pickleball courts. According to the California Department of Public Health, the current statewide Stay-at-Home order allows for outdoor singles play in tennis, pickleball, and badminton as long as physical distancing is maintained. To ensure safer play, the following guidance is recommended:

**A. Recommended Restrictions**

- a. Physical distancing of six (6) feet is maintained at all times.
- b. Only singles play is permitted.
- c. Each participant must bring their own bucket of balls with their initials on each ball.

- d. Participants are permitted to handle their own tennis and pickleball balls.
- e. Participants are recommended to wear face coverings at all times except during play.
- f. Participants are instructed to bring water and hand sanitizer or disinfecting wipes to wash and sanitize hands frequently.
- g. Private lessons are allowed using proper physical distancing techniques.
- h. Both the student and instructor are recommended to wear face coverings except during play.
- i. No tournaments are allowed.
- j. No group lessons are allowed except those involving up to two (2) tennis or pickleball students from the same household.
- k. Doors, entrances, and/or gates are open during normal operational hours.
- l. Payment of any fees is done on-line and/or utilizing an outdoor facing window or door.
- m. All retail areas must comply with public health retail establishment protocols

#### B. Maintenance Protocols

- a. Group gatherings are prohibited, and benches and tables are removed or cordoned off because they can't be used.
- b. Commonly used items are sanitized regularly.
- c. Commonly used equipment is sanitized before and after each use.
- d. Restrooms are sanitized regularly.
- e. Water fountains are available to fill water bottles only.

#### C. Monitoring Protocols

- a. Instructional and informational signage is posted throughout the facility regarding infection control, physical distancing and the use of face coverings.
- b. Facility Operators conduct periodic visits to monitor that players are complying with the restrictions.

- c. Players are asked to leave if not complying with these restrictions.
- D. If employees or staff are present on site: please refer to worksite guidance on employee training, screening, and facility disinfection.  
[question added 6/3/2020]

### **3. Is camping allowed?**

As with hotels and short-term rentals, overnight camping for leisure or tourism purposes is prohibited under Stage 2, even for local residents. This includes RV and tent camping on all private or government operated campgrounds.

Overnight camping is permitted for essential service workers or residents who permanently live in their RV. These guests should stay put and not travel between counties or campgrounds until the stay at home order is lifted.

Tent camping is not permitted in Stage 2 and is expected to be open in Stage 3.

### **4. Can day-use recreational areas be used?**

Yes. Day-use recreational areas are allowed to be open for local residents to recreate alone or with their household members.

### **5. Can I rent recreation equipment?**

Residents are encouraged to recreate with their own equipment when possible, however outdoor recreation equipment rentals is allowed under expanded Stage 2 with proper sanitation between uses. This applies to miniature golf equipment. [updated 6/4/2020]

### **6. Will summer camps be open?**

Summer camps are not permitted in Stage 2 and expected to be open in Stage 3. Only licensed childcare facilities (by the Departments of Education or Social Services) or in-home childcare is allowed under Stage 2.

**7. When youth sports begin again?**

Youth sports practices with non-household members in not permitted in Stage 2.

**8. Can swimming pools open?**

According to the state, public pools, private apartment pools, HOA pools, and community gated pools are not open at this time. [added 6/4/2020]